



ICAPP is pleased to announce an 8-week module on

## **ADOLESCENT DEVELOPMENT AND WORKING PSYCHOTHERAPEUTICALLY WITH ADOLESCENTS**

**Facilitated by Jutta Lennard & Sharon Murphy**

Date	Tuesday evenings 7.15 to 8.30pm Starting October 10 to November 28
Location	Calliope Child and Family Clinic, 7 Johnston Street Annandale
Cost	\$480
Enquiries	Jutta Lennard on 9904 4330 Sharon Murphy on 0425 244 492 or <a href="mailto:sharon.a.murphy@gmail.com">sharon.a.murphy@gmail.com</a>
Payment	Direct Debit to ICAPP BSB 062 104 Account 1012 4781 (Please note your Name and the name of the Seminar on the transfer)
Registration	Please email <a href="mailto:sharon.a.murphy@gmail.com">sharon.a.murphy@gmail.com</a> with your name and contact details

These seminars will explore the developmental and emotional journey through adolescence; its challenges, turbulence and rewards. We will look at how to engage and work therapeutically with this age group and what particular difficulties and challenges psychotherapists are likely to confront.

The seminars would be of interest for professionals who work therapeutically with adolescents and those wishing to further their understanding of adolescent states of mind in adult patients. The course will be a combination of selected readings and applied learning through the use of case material. Participants are encouraged to engage in discussion of the weekly readings and the clinical material. Sharon Murphy will facilitate the first two seminars and Jutta Lennard will facilitate the remaining seminars.

- Adolescent Experience of Changes in Body, Neurobiology and Societal Expectations
- Therapeutic Work with Parents of Adolescents
- Assessing Adolescents - Process or Procedure - Beginning to Think
- Psychoanalytic Therapy and the Adolescent - Clinical Challenges
- Puberty and Early Adolescence - Inner Worlds and Disturbances
- Mid Adolescence and Late Adolescence - Inner Worlds and Disturbances
- The Body as Container of Emotional Conflict in Adolescence - Self Harm
- Isolation and Withdrawal in Adolescence

**Sharon Murphy** is a Child and Adolescent Psychoanalytic Psychotherapist in private practice and a School Counsellor at an all-girls' high school. Sharon has provided long-term psychotherapy to adolescents with a variety of presenting problems including self-harm, depression, anxiety and engaging in risk-taking behaviours. Sharon completed her psychoanalytic training with ICAPP.

**Jutta Lennard** has worked as a psychologist and psychoanalytic psychotherapist in private practice for over 30 years. She sees children, adolescents and adults long-term. Jutta has trained with and taught for ICAPP and has a particular interest in psychotherapy with adolescents.