# ICAPP

# **Institute for Child and Adolescent Psychoanalytic Psychotherapy**

# **TRAINING SCHEDULE ’24**

### **APPLICATIONS ARE NOW OPEN FOR SEMESTER 2, 2024**

### **SEMESTER 1 Term 1: Feb 26 – April 19, 2024 Term 2: April 29 – June 14, 2024**

### **SEMESTER 2 Term 3:  July 15 – Sept 6, 2024 Term 4:  September 23 – Nov 8, 2024**

**There are three levels in the ICAPP Training Course:**

### **Level 1 Units 1 – 4  Foundation Studies in the Psychoanalytic Understanding of Children and Adolescents**

### **This is a foundation level of learning in which the student is introduced to the practice of observing early states of mind and theories about psychoanalytic principles.**

### **Units 1 & 2 Infant Observation**

Infant Observation trains the observer in disciplined psychoanalytic observation. The object is the study of the growth of mind and personality of the infant and the familial context in which this may be facilitated or impeded. Infant Observation is the cornerstone in analytic training, and it is fundamental to ICAPP training in Year 1. Each student is required to observe a baby (with the mother or caregiver) on a one hour per week basis for the first year of an infants’ life.  Written accounts of the experience of each observation are recorded and are then discussed in a weekly small group seminar with a seminar leader who provides a psychoanalytic lens for the discussion.

This experience is invaluable in developing a student’s powers of observation, along with an understanding of the emotional states of the infant as well as the mother-infant relationship. On completion of the twelve months observation, students write a paper on their understandings gained from the observation and the weekly seminars.

Infant Observation is a one-year course. However, the study of units 1 and 2 may extend beyond one year of study, allowing for time for the student to locate a suitable parent/child couple.

Groups occur at one of the following times. If a group is full at the time of application students will be placed on a waiting list.

i) Tuesday 9.30am to 11am Currently full – **waiting list open**  
ii) Tuesday 4pm to 5.30pm **Enrolments Open**  
iii) Thursday 2pm to 3.30pm **Enrolments Open**

Cost: $3,300  
Duration: 1 Year (2 Semesters)  
Course Assessment task: A 5000 word paper is required at the end of the unit.

### **Unit 3 Introduction to Psychoanalytic Theory with Marc Chaussivert**

**Applications are now open for Semester 2 2024**

This reading seminar introduces students to key concepts in psychoanalytic theory. The development of these concepts will be explored through the writings of early theorists including Freud, Klein, Winnicott, Bion, Lacan and others. Alongside these we will also look at a range of more contemporary thinkers that have had a particular influence in working with children and adolescents including Anne Alvarez, Christopher Bollas, Tom Ogden and Antonino Ferro.

Time     Mondays 5pm – 6.15pm  
Date     Commencing July 15 2024 continuing for 15 Weeks plus a  two week mid semester break  
Cost     $1,275

### **Unit 4 Introduction to the Clinical Practice of Child & Adolescent Psychotherapy with Helen Young**

**Applications are now open for Semester 2 2024**

This unit introduces the student to the theory and practice of child and adolescent psychotherapy. The seminar will follow Peter Blake’s book, Child and Adolescent Psychotherapy as well as referring to other leading theorists. It will include topics such as assessment, working with parents, the setting, symbolisation and play therapy. Clinical material will be presented for in depth exploration as to how it relates to introduced techniques.

Time Mondays 5pm to 6.15pm  
Date Commencing July 15, 2024 continuing for 12 weeks  
Cost $1020

### **Level 2   Units 5 – 8 Clinical Studies of Child & Adolescent Psychotherapy**

NOTE: Level 1 (Units 1 – 4) must be successfully completed before students can progress to Level 2.

For entry into Level 2 each student is required to be undertaking their own personal therapy at least twice a week until completion of their training cases. It is a requirement that the therapist be approved by ICAPP.

### **Unit 5  Working with Parents and Families with Jeanne Magagna and Sally Young**

This program of readings and discussion of clinical material focuses on working with families and parents from a psychodynamic perspective. A child or adolescent cannot be thought about outside the context of their family and parents. The tension of working with the individual child and/or the family or parents is a constant issue in child and adolescent work. These tensions will be explored in these seminars with theoretical and practical issues being discussed from a psychoanalytic perspective.

Cost $1,275  
Duration15 Weeks  
**This unit is now closed** – next course commencing February 2025.

### **Unit 6  Assessment & Understanding of the Child’s Inner World with Peter Blake**

This program consists of readings and discussion of presented clinical material that focuses on the psychodynamic assessment of children and adolescents. This is for both short and long-term interventions as well as parent consultations.

Cost $1,275  
Duration 15 Weeks  
**This unit is now closed** – next course commencing February 2025

### **Unit 7 Group Clinical Supervision with Peter Blake**

**Applications are now open for Semester 2, 2024**This is a unique opportunity to study with Peter.

This group clinical seminar provides an opportunity for professionals working with children and/or adolescents to present their work for group discussion concentrating on relevant theoretical and technical issues. This seminar is for experienced psychotherapists who work with children and / or adolescents.[**For further information click here.**](https://icapp.com.au/group-clinical-supervisions-peter-blake/)

Time Mondays 5pm to 6.15pm  
Date Commencing July 15, 2024 continuing for 15 weeks  
Cost $1,275

### **Unit 8  Exploring Klein and Bion with Annette Murphy**

**Applications are now open for Semester 2, 2024**

This seminar series introduces us to Melanie Klein’s personal and professional development and the impact of these on the evolution of her groundbreaking ideas. We will read and explore some of her seminal works in tandem with writings of significant Klein scholars.

The second part of the series considers Bion’s work both in light of his development of Klein’s theories and in its own right. Again, we will consider his work alongside those who have made significant studies of his work.

Time Tuesdays 5pm to 6.15pm  
Date Commencing July 16, 2024 continuing for 15 weeks  
Cost $1,275

### **Level 3 Units 9-12 Clinical Training in Psychoanalytic Child & Adolescent Psychotherapy**

Level 3 builds upon the understanding and knowledge gained in previous levels and begins the formal training in child and adolescent therapy. Readings in contemporary literature on child and adolescent therapy will be examined, incorporating different schools of analytic thinking in this area. Clinical supervision and discussion both individually and in small groups will begin. Students will be required to be undertaking clinical work with children and / or adolescents and will take on 2 training cases. Students are also expected to continue their personal therapy during this training.

### **Unit 9 Contemporary & Emerging theories: Ogden & Ferro with Brad Freeman**

**Applications are now open for Semester 2, 2024**

This is a reading seminar will focus on the post-Bionian work of Tom Ogden and Antonino Ferro along with other emerging theories and practices. It examines the changing views of the unconscious and the importance of working inter-subjectively.

Time Wednesdays 4.30pm to 5.45pm  
Date Commencing July 17, 2024 continuing for 15 weeks  
Cost  $1,275

Course Assessment: A 1500 word essay is required at the end of the unit.

### **Unit 10 NEW COURSE: Psychoanalytic Perspectives of Personality Development across the life cycle and how it informs our clinical work with Beverley Tydeman, UK, consultant child and adolescent psychoanalytic psychotherapist and psychodynamic couples psychotherapist.**

**Applications are now open for Semester 2, 2024**

 In this course participants will be introduced to the ideas of Personality Development and how those ideas are linked to the practice of Psychoanalytic Therapy. [**For further information click here.**](https://icapp.com.au/personality-development-meets-psychodynamic-thought-practice-with-beverley-tydeman/)

Time Wednesdays 5.00pm to 6.15pm  
Date Commencing July 17 till October 2, 2024 (with two weeks break September 4 & 11)  
Cost $1,000

### **Unit 11 tba**

### **Unit 12 NEW COURSE: Working with Children & Adolescents in the Winnicott Tradition**with Professor Steven Tuber, New York, USA

**Applications are now open for Semester 2, 2024**

This unit is devoted to the deep exploration of child & adolescent work from a Winnicott perspective. This course is a strongly reading oriented course, with one Winnicott article a week chosen for the participants to study along with clinical vignettes that augment the readings. [**For further information click here.**](https://icapp.com.au/working-psychodynamically-with-children-adolescents-in-the-winnicott-tradition-with-steven-tuber/)

Time   Thursdays 9am to 10.15am  
Date   Commencing July 11, 2024 continuing for 15 weeks  
Cost    $1,500